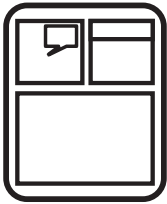


# Rubber Band Science!

## CHOICE BOARD

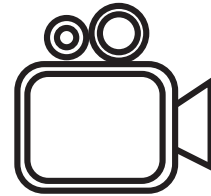
Complete a row of 3, horizontal, vertical, or diagonal! Check off each task you do. Staple or attach work (if possible) to this page when finished.



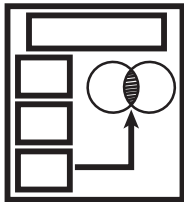
Draw a comic that explains what happens to energy as a rubber band is stretched and released.



Name and define the type of energy found in a stretched rubber band.



Make a video explaining how the Paper Airplane Launcher stores and transfers energy.



Make a one-page poster explaining potential and kinetic energy.



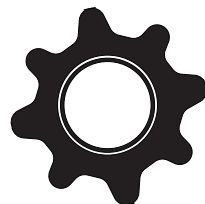
Build a Mini Popsicle Stick Catapult. Launch 10 times and average the distances.



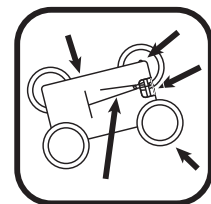
List 5 types of energy and label each as potential or kinetic.



Watch the Rubber Band Paddle Boats video. Explain how the boat gets energy to move forward.



Describe what happens to energy if a rubber band is stretched too far.



Make a diagram that shows how energy is used in a Rubber Band Car.